

**1-7) The Ten Commandments**  
**Spiritual Wisdom**  
**Sikhism**



# 1-7-1) The Ten Commandments of Sikhism

1. Worship One God
2. Treat Everyone Equally
3. Live By the Three Primary Principles;
  - 1) Be always absorbed in meditation and prayer.
  - 2) Make an honest income by honorable methods.
  - 3) Share earnings and selflessly serve others.
4. Avoid the Five Sins of Ego; 1) Pride 2) Lust 3) Greed 4) Anger 5) Attachment
5. Become Baptized
6. Keep the Code of Honor; Ethical and spiritual commitments
7. Wear the Five Articles of Faith; 1) Sikh undergarment for modesty/health 2) Wooden comb in the turban; Clean hair 3) Steel wristlet; Faith 4) Hair uncut; Honor the creator's intention.
  - 5) Small sword symbolic of defending the religious rights
8. Follow the Four Commandments; 1) Do not dishonor the creator by cutting the hair 2) Do not harm the body with tobacco or other intoxicants 3) Do not eat sacrificial meat 4) Do not commit adultery.
9. Recite the Daily Prayers; Morning, Evening, Bedtime
10. Take Part in Fellowship; Worship together and sing God's praise.

# The Ten Commandments

The End

