

## Forgo / Forego



According to a classic Buddhist scripture, “There is pleasure and there is bliss. Forgo the first to possess the second”. “If by giving up a measure of happiness one might see a larger happiness”. “Better than a thousand hollow words, is one word that brings peace.” “Happiness or sorrow — whatever befalls you, walk on, untouched, unattached.”

“Follow then the shining ones, the wise, the awakened, the loving, for they know how to work and forbear.”

It is better not to look back to the negative things and to forgo or forward our life journey to the world of Hanasoul.

To forgo is to do without, or relinquish. To go forward without carrying negative things.

To forego is to go before, to precede. To go before carrying negative things.