

BLESSINGS 祝福



Blessings in Buddhism

A blessing is a protective power usually imparted by repeating certain words, sprinkling special water, being touched with holy objects or by certain hand gestures. The Buddha was skeptical of the efficacy of this type of blessing. As with other issues, Buddha taught that the best way to acquire 'blessings,' 'protection' or 'good luck' is to be virtuous, honest and kind. In the famous Discourse on Blessing, he said: 'Generosity, being just, supporting one's family and acting blamelessly, this is the greatest blessing. Disapproving of and rejecting evil, refraining from alcohol, watching one's own mind, this is the greatest blessing. Reverence, humility, contentment, gratitude and listening to the Dhamma from time to time, this is the greatest blessing'.

Blessings in Judaism

In Judaism, a blessing (or berakhah) is recited at a specified moment during a prayer, ceremony or other activity, especially before and after partaking of food. The function of these blessings is to acknowledge God as the source of all blessing. A berakhah typically starts with the words, "Blessed are You, Lord our God, King of the universe..." Judaism teaches that food ultimately is a gift of the one great Provider, God, and

that to partake of food legitimately one must express gratitude to God by reciting the appropriate blessing. Jewish law does not reserve recitation of blessings to only a specific class of Jews; but it does mandate specific blessings to specific occasions, so that, for example, women chiefly recite the blessing for lighting Shabbat candles.

Blessings in Christianity

Within Roman Catholicism, Eastern Orthodoxy, Anglicanism, Lutheranism, and similar traditions, formal blessings of the church are performed by bishops, priests, and deacons. Particular formulas may be associated with episcopal blessings and papal blessings. In The Church of Jesus Christ of Latter-day Saints, blessings are given by worthy, male members who hold the Melchizedek priesthood.

Blessings in Islam

Blessings in Islam has twofold aspect, according to major scholars of Islam Blessings are given by Allah as a trial for mankind. Scholars of Islam believe that having fear of being gradually misled by blessings is an attribute of the pious and not having fear from such even though one is constantly misbehaving is an attribute of the impious. In Islam, blessings can be a source of success in afterlife if one is grateful to Allah for them and the same blessings can be a source for damnation in afterlife if one doesn't constantly be grateful to God for them. Islam has no clerical caste, and therefore no blessings reserved to specific individuals. Muslims will frequently pronounce "peace and blessings be upon him" when mentioning the name of Muhammad or indeed, any of the prophets. Muslims will also greet one another with a blessing every time they meet and depart.

Blessings in Hinduism

In Hinduism Blessings of Puja is a religious ritual performed by Hindus as an offering to various deities, distinguished persons, or special guests. It is modeled on the idea of giving a gift or offering to a deity or important person and receiving their approval. and is generally accompanied by the singing of songs in praise of that deity or person.