



一畫勝千言


a picture worth  
1000 words

終身永恆



終身永恆

Long life  
Together



諸行無常

Impermanence



因緣果報

Karma



安身立命

Healthy body  
is # 1 prime  
commandment


無  
我  
真  
如

Non-self  
"Jin Yeo"



心  
即  
是  
佛

Mind  
is Buddha



慈  
悲  
喜  
捨

Mercy is  
a happiness  
dwelling

不生不滅

No birth  
No Death

諸法無我

All rules are  
based on  
Non-self

成住壞空  
성주괴공

Formation,  
Existence,  
Disintegration,  
and Emptiness  
4 kalpas Domains  
in Buddhism

無我無常無生無滅  
四無量心

4 Empty  
Mind

自業自得

What goes around  
comes around.

**KARMA**

蓮花  
處  
染  
常  
淨

Lotus absorbs  
the nutrition  
from dirty and  
contaminated  
water and  
generates oxygen  
and beautiful flower.

地  
水  
火  
風  
受  
想  
行  
識

- 1) Earth
- 2) Water
- 3) Fire
- 4) Wind
- 5) Feel
- 6) Think
- 7) Do
- 6) Conscious  
-ness

Everything depends  
on mind

一  
切  
唯  
心  
造

忍之無禍害

以心傳心  
이심전심

One's heart (심)  
passes on (전)  
to the other  
heart (심)

至道無難  
唯嫌揀擇  
지도무난  
유혐간택

Attaining the Way is  
not difficult  
If only you dislike  
picking and choosing

眞如緣起

Production from  
Thusness.  
through the action  
of causation

但 단  
莫 막  
憎 증  
愛 애  
\*  
洞 통  
然 연  
明 명  
白 백

If one does not  
chooses to like or  
dislike anyone or  
anything,  
the Way appears  
clearly.

毫 호  
釐 리  
有 유  
差 차  
\*  
天 천  
地 지  
懸 현  
隔 격

If "Like" or dislike"  
remains in mind,  
This differentiation  
will open space  
between heaven  
and earth.

欲 욕  
得 득  
現 현  
前 전  
\*  
莫 막  
存存  
順 순  
逆 역

If you wish "The  
Way", do not expect  
"Good Time" or "Bad  
Time".  
Pleasant time or hard  
time come and go.

違違  
順順  
相相  
爭爭  
\*  
是是  
爲爲  
心心  
病病

The struggle between  
something that suits  
you and something  
that does not suit you  
will become the  
sickness of mind.

多다  
言언  
多다  
慮려  
\*  
轉전  
不부  
相상  
應응

One who talks too much and thinks too much is unable to touch the truth of reality.

絶絶  
言언  
絶絶  
慮려  
\*  
無무  
處처  
不불  
通通


If a talking and thinking ends, everything will pass through the way.

一일  
切체  
不불  
留유  
\*  
無무  
可가  
記기  
憶억

If one does not hold the mind of discrimination, nothing will be in memory.

地 Move  
水 Swim  
火 Hot Tub  
風 Breath  
\*  
体  
動

Body Exercise  
Buddhist method



中  
道  
緣  
起

Karmic Creation  
by the Middle Way




不  
二  
中  
道

No two division  
Only  
“Middle Way”



下  
心  
福  
德

Lowering mind  
brings “Blessing”  
and “Virtue”



感  
谢  
\*  
萬  
病  
通  
治

Gratitude will cure  
all diseases.



無他無自

No others  
No Self  
We are all one  
in the universe.

欲得現前 \* 莫存順逆  
욕득현전 \* 막존순역

"If you desire happiness presently in front of you, do not let a smooth life and a rough life exist."

淨心行善分  
정심행선분

Do goodness by  
a clean and  
bright mind.

不苦不樂受  
불고불락수

Experiencing neither  
pain nor pleasure:  
The neutral feeling  
of neither suffer